Mireya Samantha Casillas Robles 4ºB

Once I had a problem with my best friend, I discovered that she spoke bad things about me to her boyfriend and I reacted angrily and stopped talking to her, I no longer wanted her friendship but I dared not tell her why.

But if I had been assertive, I would have been honest with a friend and maybe we could have solved our problem, so far she does not know why I got angry that time but I will talk to her because it is not good to keep the problems, it is better to be assertive and express Our feelings and thoughts in a honestly, correctly and directly way.