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**Assertive techniques**

**Situation in which I lost my temper:**

It happened that made a team working between partner and I and my partner rightful print the job on a subject that was the company, but the day we had to deliver the work my partner did not lead him and said: I can not believe that are you forgot, that work was for today and bother me.

**How you will manage again:**

For this does not happen again, I must ask one day before handing the job to see if it's going to take, I must ask if you had a problem, I must not lose patience and I understand their motives