

ALEJANDRO MUÑOZ GUILLEN // LME4515 // MEDICINA BASADA EN EVIDENCIAS // PROTOCOLO DE INVESTIGACIÓN: ESTRES LABORAL EN LOS EMPLEADOS DE CENTRO ADMINISTRATIVO DE TLAJOMULCO (CAT)

- García-Rodríguez, A., Gutiérrez-Bedmar, M., Bellón-Saameño, J., Muñoz-Bravo, C., & Fernández-Crehuet Navajas, J. (2015). Entorno psicosocial y estrés en trabajadores sanitarios de la sanidad pública: diferencias entre atención primaria y hospitalaria. *Atención Primaria*, 47(6), 359-366. doi:10.1016/j.aprim.2014.09.003
- Nübling, M., Vomstein, M., Schmidt, S., Gregersen, S., Dulon, M., & Nienhaus, A. (2010). Psychosocial work load and stress in the geriatric care. *BMC Public Health*, 10(1). doi:10.1186/1471-2458-10-428
- Jurado-Gámez, B., Guglielmi, O., Gude, F., & Buela-Casal, G. (2015). Accidentes laborales, absentismo y productividad en pacientes con apneas del sueño. *Archivos De Bronconeumología*, 51(5), 213-218. doi:10.1016/j.arbres.2014.07.003
- Bala Murali SUNDARAM, K. (2014). "Taking My Breath Away by Keeping Stress at Bay" - An Employee Assistance Program in the Automotive Assembly Plant. *Iranian Journal Of Public Health*, 43(3), 263. Retrieved from <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4419163/>
- Healthy Workplaces: The Effects of Nature Contact at Work on Employee Stress and Health - May 01, 2011 . (2017). *Public Health Reports*. Retrieved from http://journals.sagepub.com/doi/abs/10.1177/00333549111260S116url_ver=Z39.88-2003&rfr_id=ori%3Arid%3Acrossref.org&rfr_dat=cr_pub%3Dpubmed&
- Jain, A., Giga, S., & Cooper, C. (2013). Stress, Health and Well-Being: The Mediating Role of Employee and Organizational Commitment. *International Journal Of Environmental Research And Public Health*, 10(10), 4907-4924. doi:10.3390/ijerph10104907
- Elder, C. (2014). Effect of Transcendental Meditation on Employee Stress, Depression, and Burnout: A Randomized Controlled Study. *The Permanente Journal*, 19-23. doi:10.7812/tpp/13-102
- Parslow, R., Jorm, A., Christensen, H., Broom, D., Strazdins, L., & D' Souza, R. (2004). The impact of employee level and work stress on mental health and GP service use: an analysis of a sample of Australian government employees. *BMC Public Health*, 4(1). doi:10.1186/1471-2458-4-41
- Wisse, B. & Sleebos, E. (2015). When Change Causes Stress: Effects of Self-construal and Change Consequences. *Journal Of Business And Psychology*, 31(2), 249-264. doi:10.1007/s10869-015-9411-z
- Yang, T., Shen, Y., Zhu, M., Liu, Y., Deng, J., Chen, Q., & See, L. (2015). Effects of Co-Worker and Supervisor Support on Job Stress and Presenteeism in an Aging Workforce: A Structural Equation Modelling Approach. *International Journal Of Environmental Research And Public Health*, 13(1), 72. doi:10.3390/ijerph13010072
- Hilton, M. & Whiteford, H. (2010). Interacting with the public as a risk factor for employee psychological distress. *BMC Public Health*, 10(1). doi:10.1186/1471-2458-10-435
- Bruflat, A., Balter, J., McGuire, D., Fethke, N., & Maluf, K. (2012). Stress Management as an Adjunct to Physical Therapy for Chronic Neck Pain. *Physical Therapy*, 92(10), 1348-1359. doi:10.2522/ptj.20110489
- Rabe, M., Giacomuzzi, S., & Nübling, M. (2012). Psychosocial workload and stress in the workers' representative. *BMC Public Health*, 12(1). doi:10.1186/1471-2458-12-909
- Fernandez, I., Su, H., Winters, P., & Liang, H. (2010). Association of Workplace Chronic and Acute Stressors With Employee Weight Status: Data From Worksites in Turmoil. *Journal Of Occupational And Environmental Medicine*, 52(Supplement), S34-S41. doi:10.1097/jom.0b013e3181c88525
- Nakao, M. (2010). Work-related stress and psychosomatic medicine. *Biopsychosocial Medicine*, 4(1), 4. doi:10.1186/1751-0759-4-4
- Li, J., Zhang, M., Loerbroks, A., Angerer, P., & Siegrist, J. (2014). Work stress and the risk of recurrent coronary heart disease events: A systematic review and meta-analysis. *International Journal Of Occupational Medicine And Environmental Health*. doi:10.2478/s13382-014-0303-7
- Fanavoll, R., Nilsen, T., Holtermann, A., & Mork, P. (2016). Psychosocial work stress, leisure time physical exercise and the risk of chronic pain in the neck/shoulders: Longitudinal data from the Norwegian HUNT Study. *International Journal Of Occupational Medicine And Environmental Health*, 29(4), 585-595. doi:10.13075/ijomeh.1896.00606
- (2017). Seu-roma.it. Retrieved 17 March 2017, from http://www.seu-roma.it/riviste/annali_igiene/open_access/articoli/95f1128e6bef8d5d878d73053c749185.pdf
- (2017). Seu-roma.it. Retrieved 17 March 2017. from